

Forest Gardening

Saturday 27 - Sunday 28 April 2019

Bridgend Farmhouse, Edinburgh

Course Information

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1) Introduction

Hi, I'm Nanya Milne, an Edinburgh-based Permaculture designer, teacher and gardener with a special interest in Forest Gardening and unusual edible plants. I've been practising Permaculture and Forest Gardening since 2009, and teaching since 2015.

This 2-day course covers the basics of forest garden design, introduces a wide range of edibles and other useful plants, and offers guidance in establishing and maintaining a forest garden based on a sound understanding of plant needs and soil health. Information-packed sessions alternate with practical exercises, and the course includes a visit to Nanya's 10-year old forest garden within walking distance of the course venue.



2) **Venue:** [Bridgend Farmhouse](#), Old Dalkeith Road, Edinburgh EH16 4TE.

Times: Saturday 27 & Sunday 28 April, 9.30 am to 5pm both days.

Food: Hot drinks will be available. No food is provided on the course, so please bring a packed lunch or a dish to share. On Saturday, Bridgend Cafe may also be open for lunch.

There is limited parking on site, and Lothian buses 24, 38, 33 and 49 and Borders buses 51 and 52 will take you nearly to the door (check timetables though).

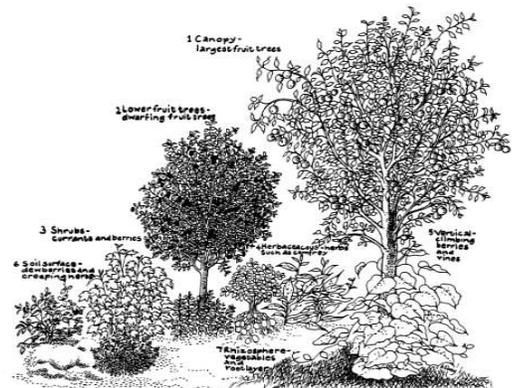


Bridgend Farmhouse is part of a community owned and run charitable organisation in south Edinburgh, Bridgend Inspiring Growth.

Their mission is to create a local space for eating, learning and exercise. There are workshop spaces dedicated to arts & crafts and bike repairs, a community café, and the surrounding land is being developed for food growing and community gardening.

3) Course Content

Forest gardening is an increasingly popular approach to growing food sustainably and efficiently through making use of the beneficial relationships abounding in a healthy ecosystem, maximising the use of the garden's vertical dimension, and increasing the range of perennial food plants to fill all available ecological niches.



This two-day course will introduce you to the forest gardening approach and its benefits, teaching you the basics of designing a forest garden, and the methods of establishing and maintaining it, whether you are converting an existing garden or allotment, want to grow more edible species in a forest, or are starting with a blank canvas. You will also get an overview of the wide variety of trees, shrubs and perennial vegetables that can be grown for food, fibre, dyes, medicines, fuel, and pure beauty, and learn more about their needs and requirements.

The course will include a practical design element to train you in observation, mapping, and designing a forest garden, and will look at example designs. If you have an ongoing or planned project which involves creating a forest garden, the course will offer some opportunity for discussion, so do bring along your maps and plans.

4) Meet the teacher

Nenya Milne completed her PDC in 2012 and a Permaculture Educators' course in 2014. She's been practising Permaculture and Forest Gardening since 2009 and started teaching in 2015. Nenya is currently working on her Diploma in Applied Permaculture Design and has been busy converting her small suburban garden to an edible paradise.

Nenya has developed a particular passion for unusual edibles, perennial vegetables and 'edimentals'. She is a keen amateur botanist and leads plant walks and foraging excursions (sometimes followed by cooking up the harvested weeds for a communal feast!). At other times she works as a gardener and Permaculture designer, propagates plants and grows fruit and vegetables.



5) Fees

The course fees are on a sliding scale depending on your financial situation. The household incomes are intended as a guide; if you are on a low income but have savings or investments, please adjust your fee accordingly.

Please note: the figures are for combined household income, so if you earn £10,000 and your partner earns £8,000 you'd have a combined income of £18,000. We rely on higher fees to be able to subsidise lower-paying participants.

Course fee	Household income / year
£40	Benefits or under £5,000
£70	£5,000 to £15,000
£100	£15,000 to £30,000
£120	Over £30,000 Or anyone paying with grant money; Or anyone attending as work-based training.

Booking

To book a place, please fill in [this form](#).

Your place is reserved once you have paid; you can pay by bank transfer (preferably) or by cheque.

a) Bank details:

Account name: Jevgenia Milne
Sort code: 80-48-87
Account No: 01012326
Bank of Scotland

Please add your name and 'FG' as a reference so we can identify your payment.

Or:

b) Send cheques payable to Jevgenia Milne to 26 Lammermoor Terrace, Edinburgh EH16 5SJ.

6) Contacts and useful links

Please email course enquiries to contact.nonstuff@gmail.com or ring 07874 009790 if urgent.

- NonStuff Industries www.nonstuff.co.uk
- Permaculture Association of Britain www.permaculture.org.uk
- Permaculture Scotland www.scotland.permaculture.org.uk

Thank you!

Nenya